

Can oncology recapitulate paleontology? Lessons from species extinctions

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Abstract | Although we can treat cancers with cytotoxic chemotherapies, target them with molecules that inhibit oncogenic drivers, and induce substantial cell death with radiation, local and metastatic tumours recur, resulting in extensive morbidity and mortality. Indeed, driving a tumour to extinction is difficult. Geographically dispersed species of organisms are perhaps equally resistant to extinction, but >99.9% of species that have ever existed on this planet have become extinct. By contrast, we are nowhere near that level of success in cancer therapy. The phenomena are broadly analogous—in both cases, a genetically diverse population mutates and evolves through natural selection. The goal of cancer therapy is to cause cancer cell population extinction, or at least to limit any further increase in population size, to prevent the tumour burden from overwhelming the patient. However, despite available treatments, complete responses are rare, and partial responses are limited in duration. Many patients eventually relapse with tumours that evolve from cells that survive therapy. Similarly, species are remarkably resilient to environmental change. Paleontology can show us the conditions that lead to extinction and the characteristics of species that make them resistant to extinction. These lessons could be translated to improve cancer therapy and prognosis.

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Introduction

Cancer develops by a process of clonal evolution, stemming from genetic diversification and clonal selection, which has clinical implications for neoplastic progression, prevention, and therapy.^{1,2} Competing subclones in somatically evolving cancer cell populations give rise to genetically heterogeneous tumours.^{3,4} Neoplasms seem to have extraordinary evolvability (evolutionary potential), including rampant parallel evolution, and multiple mutations affecting the same gene, protein complex, or signal transduction pathway can be generated independently within the same neoplasm.^{5–7} Genomic instability is common in carcinogenesis, and includes genome doublings and large-scale genomic changes or ‘macro-mutations’.⁸ Somatic evolution, and the diversity of clones it produces, poses major challenges to personalized medicine, and partly explains why cancer is so hard to cure.⁶ Neoplastic cell populations are hard to eliminate with a single, static, selective pressure. Some cells within the diverse neoplastic population are likely to be resistant to the pressure, and their growth will result in regeneration of the population.⁹ Although carcinogenesis and acquired resistance to therapy have long been recognized as evolutionary and ecological processes, limited attention has been paid to the application of principles of ecology and evolutionary biology to oncology. Similar to metastatic tumours, most species of organisms are composed of genetically diverse meta-populations spread across large geographical areas, making it unlikely that a single selective pressure will eliminate all the subpopulations, and

the diverse individuals they contain. In this Review, we discuss how our understanding of species’ extinctions can better inform cancer therapy. Cancer therapy can essentially be modelled on the principles of extinction biology. Thus, understanding the causes of species extinction could lead to improvements in cancer therapy. The important traits that make some species more extinction-prone than others could have analogues within neoplasms that might predict the success of therapy. Other causes of species extinction could also be translated to cancer therapy and management.

Mechanisms of species extinction

Species extinction is difficult to study, as is spontaneous regression in cancer. In both cases, the phenomenon of interest is defined by the subject’s absence. We study extinction mainly by examining fossils that provide historical evidence of species that are no longer alive. Few data exist relating to extinction of species that are most similar to tumours, namely asexual single-celled organisms, because they generally do not leave a fossil record. Even studying incipient extinction of extant microbes in the wild is challenging, owing to the difficulty of performing an accurate census. The evidence on extinctions that we do have reveals that five sudden and dramatic mass extinctions have occurred (Table 1).¹⁰ However, our understanding of the mechanism of extinction remains limited, especially for less-dramatic background extinctions, which occur constantly. As the goal of cancer therapy is to drive only the cancer extinct, while preserving all the other ‘species’ (cell types) in the body, the dynamics of background extinction are most relevant to oncology.

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Competing interests

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Key points

- The problem of curing cancer is equivalent to the extinction of a genetically diverse, single-celled organismal species
- Most extinctions are thought to occur through a ‘press-pulse’ dynamic in which multiple stressors reduce population size and habitat, and then an abrupt perturbation finally causes population collapse
- Cancer therapy can be improved by mimicking causes of species extinction, including reducing neoplastic evolvability, destroying habitat, targeting escape phenotypes, and maintaining multiple, diverse selective pressures for many cell generations
- The characteristics that make a species resistant to extinction should also be useful prognostic markers for a neoplasm’s resistance to therapy
- Targeting a tumour’s habitat and evolvability remain promising, but relatively unexplored, avenues for future research

Table 1 | The ‘Big Five’ mass extinctions

Mass extinction	Timing (m.y.a.)	Approximate species loss (%)	Hypothesized causes	Key references
Ordovician	~443	85	Glaciation; climate and sea-level change	Sheehan <i>et al.</i> (2001) ¹⁸
Late Devonian	~359	75	Climate and sea-level change; anoxia; volcanic activity	Caplan <i>et al.</i> (1999) ¹⁴² Streeb <i>et al.</i> (2000) ¹⁴³ Stigall (2012) ¹⁴⁴
End-Permian	~251	96	Sea-level change; volcanic activity; anoxia	Bambach <i>et al.</i> (2002) ¹⁴⁵ Erwin <i>et al.</i> (2002) ¹⁴⁶ Shen <i>et al.</i> (2011) ¹⁴⁷ Burgess <i>et al.</i> (2014) ¹⁴⁸
End-Triassic	~200	80	Volcanic activity; sea-level changes; anoxia	Benton (1986) ¹⁴⁹ Deng <i>et al.</i> (2005) ¹⁵⁰ Hautmann (2012) ¹⁵¹ Blackburn <i>et al.</i> (2013) ¹⁵²
End-Cretaceous	~65	75	Asteroid impact; sea-level regression; climate changes	Alvarez <i>et al.</i> (1980) ¹⁵³ Melosh <i>et al.</i> (1990) ¹⁵⁴ Robertson <i>et al.</i> (2004) ¹⁵⁵ Schulte <i>et al.</i> (2010) ¹⁵⁶

Abbreviation: m.y.a., millions of years ago.

Background extinctions

Over 99.9% of species that have ever lived have become extinct.¹¹ The vast majority (~95%) of these losses of species are due to background extinction,¹² in which a normal or spontaneous process results in replacement of one species with another.¹³ Although little is known about the processes and mechanisms of background extinction, it can be avoided by successful adaptation in the face of ecological changes, including environmental deterioration and harmful effects of other species (competitors or predators). The best available evidence relating to microbial extinction suggests that it is driven by environmental change and habitat loss.¹⁴ In multi-cellular organisms, background extinctions are thought to result from environmental challenges, or from long-term, multi-generational losses in reproductive fitness caused by genetic factors.¹² Background extinction can be driven by the failure of species to keep pace with a deteriorating environment, as can occur with a change in climate.¹⁵ Indeed, a depressed rate of origination is as important as an increased extinction rate in reducing biodiversity.¹⁵

Mass extinctions

Five mass extinctions, in which extinction rates greatly exceeded speciation rates, have occurred in Earth’s history (Table 1).¹⁶ They provide the best data on the nature of extinction, because patterns can be discerned through comparisons across species.

Mass extinctions are caused by biotic as well as abiotic factors. Abiotic factors usually fall into the category of local, as well as global, habitat destruction, and large-scale environmental changes, caused by climate change, sea-level change, anoxic events, glaciation, volcanic activity, and the effects of extraterrestrial objects. Biotic causes of extinction include overpredation, resource over-exploitation, competition with invasive species, and the lack of evolvability (Figure 1).

Mass extinctions share important common features: they all unfolded rapidly, their effects were not random, and survivors were not the dominant group prior to the extinction.¹⁷ Most mass extinction events actually involved two pulses of extinction. For instance, during the Late Ordovician period, the first pulse was at the beginning of glaciation, when the sea level declined and epicontinental seaways drained, resulting in global climate change. During the second pulse, glaciation ended suddenly and rapidly, as sea levels rose, oceanic circulation stagnated, and the global climate returned to preglacial conditions.¹⁸ It seems that, for most mass extinctions, multiple causes and pressures, rather than a single selective pressure, led to the severe losses of species (Box 1).

The duration and knock-on effects of environmental changes during these mass extinctions seem to have weakened and destabilized populations. Instead of having time to adapt to the changing environment, the immediate onset of another stressor would have further destabilized the population dynamics, and led to species decline. In general, it seems that the mass extinctions required both a stressed biosphere (the ‘press’) followed by an acute pulse or perturbation, in a theoretical process known as ‘press-pulse’,¹⁹ which could also apply to background extinctions.

Arguably, human actions have led to an ongoing sixth mass extinction. The current extinction rates for mammals, amphibians, reptiles, and birds are as fast or faster than the rates calculated for the previous mass extinctions.²⁰ Humans are causing the sixth mass extinction^{17,20,21} by co-opting resources,²⁰ changing the global climate,^{20–23} and fragmenting, modifying, and destroying habitats by actions including deforestation,^{14,17,20,22} pollution,²⁰ introduction of invasive species, and overexploitation (for instance by overhunting and overfishing).^{17,20,22}

Extinction resistance

Certain characteristics and patterns seem to affect the risk of extinction, and explain why some species are more vulnerable to extinction than others.²⁴ These characteristics could have parallels in features that render neoplasms resistant to therapy (Table 2). Generally, the characteristics can be classified into two categories: evolvability and robustness to perturbations.

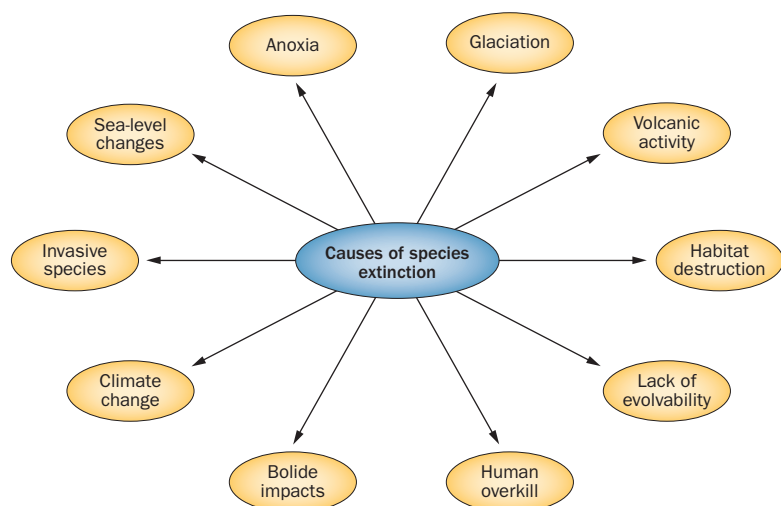


Figure 1 | Causes of species extinction. Known causes of mass extinctions and background extinctions are shown. Five historical mass extinctions are demonstrated by paleontological evidence, and a sixth is currently occurring.

Box 1 | General patterns in the causes of mass extinction

- Extinction is caused by more than one stressor: in most cases, mass extinctions were caused by functional interactions between multiple selection pressures
- Extinctions are often caused by large, rapid changes in the environment that destroy habitats: environmental changes associated with mass extinction events were geologically rapid, making it difficult for populations to adapt; with the exception of overexploitation by humans and global forest fires, most stressors changed the habitat, rather than killed the organisms directly
- Environmental change persisted over many generations: the new selective environment persisted for many generations of a species, as extinction events often extended for more than a million years

Evolvability

The evolvability of a species (its capacity for adaptive evolution) is determined by two parameters—the rate at which it can generate genetic diversity that is useful for adaptation, and the ability to maintain such diversity.²⁴ The production rate of potentially useful genetic diversity involves both the mutation rate of the organism and its generation time. Large populations, spread over diverse environments, facilitate the maintenance of that diversity. A species can have an advantage in evolvability resulting from its life-history strategy, that is, the collection of adaptive traits that foster survival and reproduction, which includes compromises between traits that cannot be simultaneously maximized. For example, investment in rapid and prolific reproduction to the detriment of longevity and competitive prowess is called a fast life-history strategy.²⁵ Fast life-histories facilitate adaptation to changing selective pressures, and typically evolve in response to extensive environmental variation and extrinsic mortality. Species with small bodies tend to have larger populations and shorter generation times, and produce more offspring per individual, facilitating quicker adaptation than large-bodied species experience.^{13,17,26–28} These characteristics represent pre-adaptations to withstand the drivers of extinction—rapid environmental changes.

Genetic diversity

A more genetically diverse species has a greater likelihood of being able to adapt to an environmental change, compared with a genetically less diverse or homogeneous population. An observation relevant to neoplasms is that genome doubling can cause large-scale phenotypic changes in organisms, and often leads to the formation of a new species.^{29,30}

Large population size

Species with large population sizes are more resistant to extinction than small populations because large populations harbour greater genetic diversity, increasing the likelihood of the presence of genetic variants that will be capable of thriving despite environmental perturbations. Furthermore, large populations do not experience large stochastic fluctuations in population size, buffering them from purely stochastic causes of extinction.³¹

Generation time

A species with short generation times, producing many offspring, is capable of rapid population growth. These species can recover quickly from environmental perturbations, as in the case of weeds colonizing areas of land cleared by a forest fire. By contrast, a slow-growing species might not recover to an adequate population size before further environmental changes occur, potentially driving it to extinction.

Robustness to perturbations

Wide dispersal

The geographical range of a species is a strong and persistent predictor of extinction risk (analogous to the number of sites of metastatic disease).³² Widely dispersed species can absorb more habitat loss, as a selective pressure is unlikely to affect all geographical regions equally, and habitat variation selects for genetic variation and phenotypic plasticity.

Motility

The ability of organisms, such as birds, to move easily over large areas and geographical barriers, enables motile species to escape local habitat degradation and locate unexploited resources. This mitigates the effects of environmental perturbations.

Generalism

A generalist species, which uses a wide variety of resources and survival strategies, will tend to be more resistant to extinction than a specialist species that is dependent on a single resource, which could disappear.

Translation of extinction to oncology

The causes of species extinction have many parallels with the mechanisms of action of cancer therapies (Box 2). These therapies fall into two broad categories—those that directly attack cancer cells and those that change the microenvironment of the tumour to make it difficult for the cancer cells to survive.

Table 2 | Extinction vulnerability of species and tumours

Factors that make species vulnerable to extinction	Factors that might make tumours vulnerable to therapy	Potential biomarkers to identify tumour vulnerability
Immotility	Immotility	Cell migration
Long generation times	Long generation times	Cancer (stem) cell proliferation
Large body size	Large cytoplasm	Imaging or flow cytometry
Narrow geographical range	Narrow anatomical range	Tumour stage
No, or low, dispersal potential	Limited metastasis	Tumour stage
Low diversity	Homogeneous population; low diversity within tumour	Genetic or phenotypic assays of multiregion (or single cell) sampling
Small population size	Small tumour-cell population	Tumour volume; cancer stem cell population size
Specialization	Specialization	Resource use, phenotypic plasticity, microenvironmental diversity

Box 2 | Causes of species extinction and analogous cancer therapies

Human overkill

Chemotherapy and radiotherapy

Predation

Bacteriolytic therapy, immunotherapy

Parasitism

Oncolytic virus therapy

Climate change

Hyperthermia, diet change, pH alteration

Habitat destruction

Niche destruction by surgical resection or by tumour ablation, antiangiogenic therapy, targeting fibroblasts and macrophages, nutrient restriction

Multiple selective pressures

Double-bind therapy

Continuous selective pressures

Metronomic therapy

Extinction and direct anticancer therapies

Most forms of cancer therapy involve attempts to directly kill the cancer cells. These approaches parallel the causes of species extinction that involve directly killing of the organisms.

Chemotherapy, radiotherapy and human overkill

Chemotherapy and radiotherapy remain the cornerstones of modern cancer treatment for disseminated disease, and as adjuvant strategies following surgery. From an evolutionary perspective, conventional cytotoxic treatments are analogous to human overkill in species extinctions. Humans have effectively driven many species extinct through overhunting, overfishing, and destruction of perceived pests and predators. In sexually reproducing species, making a species so rare that it is difficult for the survivors to find a mate is often sufficient to cause extinction; however, this need to mate is not a problem for neoplastic cells and, therefore, driving a tumour extinct is likely to be more difficult.

Although chemotherapy has greatly improved the treatment of cancer, therapy often fails as a result of the evolutionary selection of acquired or intrinsic resistance to

therapy.^{33–36} By killing sensitive cells, treatment leads to competitive release, freeing up geographical space, reducing nutritional pressures, and enabling proliferation of the resistant cells.² Genetic diversity within a tumour is a key property that can confer resistance to therapy, in the same way that genetic diversity confers resistance to species extinction.

In addition to genetic diversity, cancer growth kinetics are also relevant to therapeutic response, and the Norton–Simon hypothesis states that tumours follow a Gompertzian growth pattern, with growth rates tapering off as the tumour reaches some form of resource or space limitation (known in ecology as the ‘carrying capacity’ of the environment).^{25,37} The tumoural growth rate is actually the average of the different growth rates of the various subclones within the tumour.³⁷ Quiescence and cell-cycle exit can contribute to resistance, as most anticancer therapies target proliferating cells; therefore, a diversity of growth rates will provide resistance to multiple cycles of chemotherapy or fractions of radiotherapy. Quiescence as a resistance mechanism has a parallel in organismal extinctions: mammals that hibernate or hide in burrows are less likely to go extinct than those that do not.³⁸ The sleep-or-hide principle provides a shelter from changing environments, and thus a greater potential to survive an extinction crisis.

Competitive release, rapid population growth and a fast life-history of tumour cells are considerable problems for radiotherapy, exemplified in squamous-cell cancers of the cervix, and head and neck. Conventional fractionated radiotherapy schedules suffer from accelerated repopulation of the tumour that occurs after 28 days of treatment, and extension of the overall treatment time has a detrimental effect on overall survival.^{39,40} Such observations led to the development of accelerated radiotherapy regimens, delivering the same total dose over a shorter time frame.^{39,40}

Surgical resection and bolide impacts

The most direct way of destroying a species is to remove it, along with its habitat, much like the local devastation caused by a bolide impact. In respect of cancer, even if some malignant cells have already dispersed, surgical resection of both the primary tumour and any accessible metastases can be an effective way to reduce the population size of the neoplasm, reducing its evolvability and making it more vulnerable to further therapeutic interventions. Improved survival following the introduction of the practice to resect liver-limited metastatic colorectal carcinoma has been documented in a number of retrospective series, and has been adopted as the standard of care.^{41,42} Retrospective data suggest that benefits are associated with resection of primary breast tumours in the presence of oligometastatic disease, and potentially with resection of pulmonary or hepatic metastatic tumours associated with low-volume, stage IV breast cancer.⁴³ Improved outcomes following primary tumour resections in patients with oligometastatic disease might be achieved through the removal of the evolutionary source of primary tumour diversity,⁶ as well as by reducing immune tolerance through the removal of immunosuppressive factors generated by the tumours.^{44,45}

Pest management and cancer eradication

Ecological lessons can be learned from management of invasive pest species, and can provide insights into treatment strategies for metastatic cancers.^{35,46} Generally, invasive species are more successful following multiple introductions from a genetically and phenotypically diverse originating population.⁴⁷ After successfully invading a new environment, rapid evolution typically follows, resulting in increasing diversity of phenotypes, and formation of subpopulations with specific adaptations. Chemical, mechanical and biological mechanisms, such as the introduction of predators, parasites, parasitoids, or pathogens, can control invasiveness.⁴⁶ However, the complete eradication of invasive pests is almost never successfully achieved, owing to the heterogeneity in pest phenotypes, which results in resistance to therapies. Control strategies aim to kill the minimum number of pests necessary to control the damage from the pests. Minimizing the number of pests killed also minimizes the selection for resistance, and so preserves the effectiveness of the control mechanisms. Analogous to pest management, eradication of a cancer cell population is only achieved when the population is small and homogeneous.⁴⁶ Attempts at ‘chemical control’ (chemotherapeutic drugs) lead to selection for resistant phenotypes, and rarely achieve long-term eradication of disseminated disease. On the other hand, biological control, with the introduction of predators, parasites, parasitoids, or pathogens, might be more effective, as these agents might be selected to target neoplastic but not normal cells. Predator attack and the subsequent adaptation to improve predator avoidance can result in substantial fitness loss, whereas adaptation to drugs usually requires upregulation of cellular processes, which is relatively inexpensive.³⁴ Lessons from pest management show that biological controls can be more effective than chemical controls. Robust controls should be developed using ecological principles that place treatment strategies in an evolutionary context.

Bacterial and immune predation

Predation is a cause of species extinction, particularly in cases in which the predator is not dependent on a single species of prey. The closest analogies to predation in the treatment of cancer are bacteriolytic therapy and immunotherapy. In bacteriolytic therapy, anaerobic bacteria have been tested as agents that specifically proliferate in the hypoxic regions that are only found within tumours. Owing to their avascular nature, these hypoxic regions are hard to target with radiotherapy and chemotherapy.⁴⁸ The bacteria can be manipulated to deliver cytotoxins, or prodrug-converting enzymes, or to induce antitumour immunity, although none of these approaches has currently been tested in clinical trials.⁴⁹

‘Predation’ by the immune system is probably an important selective pressure for many cancers, resulting in immune editing and evasion, and upregulation of inhibitory immune signals within the tumour microenvironment.^{50,51} Blockade of cytotoxic

T-lymphocyte protein 4 (CTLA-4) and programmed cell death protein 1 (PD-1)–programmed cell death 1 ligand 1 (PD-L1) inhibitory T-cell checkpoints has been one of the most important recent advances in cancer therapy, producing durable responses—with acceptable toxicity—in a number of metastatic solid tumours. The use of the anti-CTLA-4 monoclonal antibody (mAb) ipilimumab to treat metastatic melanoma markedly improved outcomes in a clinical trial in 676 patients.⁵² More recently, trials of an anti-PD-1 mAb have shown durable benefits in some patients with advanced-stage solid tumours.⁵³ In patients with advanced-stage non-small-cell lung cancer, higher response rates with anti-PD-L1 therapy were seen in smokers than in non-smokers.⁵⁴ Tumours with a high mutational burden and neoantigenic repertoire might be particularly susceptible to predation by the immune system. This mutational diversity might be exploited by leveraging the adaptive immune response. Because the immune system evolves on a similar timescale to a neoplasm, there is hope that the adaptive nature of the immune system could counter the adaptive nature of neoplasms.

Parasitism and oncolytic viral therapy

Parasitism has the potential to cause species extinction, and has been explored for cancer therapy, in the form of oncolytic viruses, which are capable of infecting, multiplying within, and subsequently inducing lysis of malignant cells within tumours.^{55,56} Many viruses have evolved to hijack normal cellular mechanisms for host-cell entry.⁵⁷ Oncolytic vaccinia virus internalization and replication is particularly targeted to cancer cells that have high levels of VEGF production.⁵⁸ Furthermore, phase III trials of an oncolytic herpes simplex virus in the treatment of metastatic melanoma have shown promise.⁵⁹ The ideal oncolytic agent would be administered systemically, and would selectively target tumour cells, with minimal effects on normal cells. No virus strain in preclinical development has these characteristics;⁶⁰ however, genetic recombination enables removal of viral genes that are essential for replication in normal cells, so that the recombinant virus can only replicate in cancer cells containing compensatory mutations. For example, deficiency of the E1B-55 kDa protein in adenovirus enables replication in *TP53*-mutated cancer cells, but not in *TP53* wild-type cells.⁶¹ Such techniques can also be used to arm viruses with genes encoding cytokines or prodrug-converting enzymes.⁶²

A major problem for oncolytic viral therapy is pre-existing immunity, which often hinders successful delivery of the virus.⁶³ To overcome this problem, viruses with different serotypes, chimeric viruses, virus combinations,⁶⁴ and viruses ‘hidden’ in mesenchymal cells have been tested preclinically,⁶⁵ but this additional complexity is likely to further delay clinical development. In addition, the dense stromal reaction of many cancers inhibits virus delivery and viral spread within the tumour.⁶⁶ Despite these problems, oncolytic viral therapy remains an intriguing concept that could eventually become part of the anticancer armamentarium.^{60,67}

Extinction and the tumour microenvironment

Neoplastic cells, similarly to most organisms, engage in niche construction, modifying their environment to their own benefit. This process involves the stimulation of neo-angiogenesis to provide nutrients, such as oxygen, and the co-opting of stromal cells to provide factors supporting growth and survival. Owing to its involvement in enabling neoplastic growth, the tumour microenvironment can be targeted for therapeutic benefit.

Habitat destruction (ecological therapies)

According to Camacho and Pienta,⁶⁸ “A cancer cell cannot run from its ecosystem. Although cancer cells may mutate and develop resistance, the host cells of the local microenvironment and greater patient biosphere do not, providing stable targets for multi-targeted cancer therapy.” If conventional anticancer treatments eventually select for resistant clones, then targeting the tumour-cell niche with microenvironmental stressors prior to the application of pulses of selective pressures, such as chemotherapy, could be more efficacious.^{68–70} In the context of Darwinian evolution, it is most efficient to kill a species by destroying its niche.⁷⁰ Many therapies that target the tumour microenvironment are either in clinical use or in late stages of development. The principles of species extinction could help to design intelligent combinations of therapies, or novel administration schedules, to target cancer whilst preserving host cellular compartments (normal epithelial, mesenchymal, and neuronal cells).

The disruption of ecological networks can lead to the destruction of an ecosystem.⁶⁸ However, the ecology of a neoplasm is qualitatively different from most organismal ecosystems, in that neoplasms and their microenvironments are not structured into food webs with trophic layers, such as primary producers, herbivores, and carnivores. In a food web, extinction of one species can ripple through the web, as other species that depended on an extinct food source can also go extinct. Understanding the dependencies that do exist between cell types in a neoplasm's microenvironment should provide therapeutic targets. However, ecosystems evolve, and destroying a single interaction in a complex ecosystem is often not enough to cause the extinction of a species. Considering tumour cells as part of an evolving, dynamic ecosystem suggests that multiple aspects of the ecological niche created by tumour–host–cell interactions should be targeted, in an approach that is known as ecological therapy for cancer.⁷⁰

Nutrient restriction

Inhibition of growth-factor signalling, or depletion of essential nutrients, can make it more difficult for tumour cells to thrive.⁷¹ Cancer cells have high levels of glycolysis that proceeds primarily through production of lactate in the cytosol, in a process known as aerobic glycolysis or the Warburg effect, rather than the normal process of oxidative phosphorylation of pyruvate that occurs in the mitochondria. The high level of glycolysis in cancer has led to efforts to target glucose metabolism;^{72,73} for

example, 2-deoxyglucose has been used to inhibit glucose metabolism, but toxicity at high doses limits its clinical applicability.^{74–76} A symbiotic relationship can exist between normoxic and hypoxic cells, enabling adaptation to nutrient deprivation.⁷⁷ Hypoxic cells extrude lactate as a byproduct of glycolysis, and this lactate can be taken up via monocarboxylate transporters into normoxic cancer cells and used as an energy source, enabling the tumour to overcome glucose deprivation.⁷⁸ Targeting monocarboxylate transporters in cancer cells might disrupt the tumour ecosystem. The Warburg effect also facilitates the uptake, incorporation, and redistribution of nutrients into biomass, including nucleotides, amino acids, and lipids, which are needed to produce new cells.⁷⁹ Biomass generation might also represent a therapeutic target.

Poisoning of the nutrient supply has been suggested as a critical cause for ecological mass extinction, but has also possibly selected for resistant species.⁸⁰ Methotrexate and 5-fluorouracil are antimetabolites that interfere with critical cell functions, such as DNA synthesis. The use of antimetabolite forms of chemotherapy eventually selects for clones that are able to overcome this stress on fundamental biological processes.³³ Identifying the limiting resources for any given tumour, and restricting those resources, is an understudied approach that deserves further exploration.

Targeting the tumour stroma

Targeting biological niches can provide an effective anticancer strategy. Bisphosphonates mimic pyrophosphates, and inhibit critical enzymatic functions in osteoclasts. Bisphosphonates can reduce the consequences of skeletal metastases in several cancers, such as breast cancer, prostate cancer, and myeloma.⁸¹ In early stage breast cancer, bisphosphonates improve cancer-specific survival and overall survival.⁸² Creating ‘infertile soil’ for seeding of cancer cells is of key importance to this strategy, as is disrupting the microenvironment to enable optimal perfusion of cytotoxic agents to established tumours.⁸³

Inhibition of matrix metalloproteinases (MMPs) and Hedgehog signalling in order to target tumour–stroma interactions has shown mixed results in clinical trials. Owing to the complexity of signalling, MMPs can have both a cancer-promoting effect and, paradoxically, a cancer-inhibiting effect, and consequently, therapeutic inhibition might accelerate the development of fitter clones.^{84–86} Inhibition of Hedgehog signalling has been beneficial in the treatment of basal-cell carcinomas, owing to the presence of activating mutations of Smoothened homologue, a key component of this pathway, but ineffective in trials aimed at improving chemotherapy delivery by targeting stromal signalling—despite promising results in preclinical models.^{83,84,87–89}

Antiangiogenic therapy

Because tumour growth is often limited by the absence of neovascularization,⁹⁰ antiangiogenic therapies can be used for habitat or niche destruction. Suppressing angiogenesis can be achieved by inhibition of receptor tyrosine

kinases, or neutralization of VEGF or its receptors using monoclonal antibodies.⁹¹ The restriction of the nutrient supply and the buildup of toxin levels in the tumour microenvironment will put severe selective pressures on a tumour. This strategy has had some success when combined with cytotoxic chemotherapy, with improved response rates and disease-free survival observed in patients with metastatic colorectal cancer.⁹²

More broadly, however, targeting tumour angiogenesis has not been the panacea that was hoped for, as antiangiogenic therapy selects for resistant clones.^{93,94} Destruction of the microvasculature creates hypoxic regions, which can exacerbate the malignant and metastatic phenotype. Hypoxia, acting via hypoxia-inducible factors, upregulates expression of molecules (such as Notch and transforming growth factor β [TGF- β]) that are involved in the epithelial-to-mesenchymal transition, promotes invasion through MET signalling, and prepares the premetastatic niche by increasing protein-lysine 6-oxidase (also known as lysyl oxygenase; LOX) expression.^{95,96} Strategies to combine antiangiogenic agents with MET inhibition are currently in clinical trials and have shown early promise.⁹⁷

Counterintuitively, low doses of antiangiogenic agents might produce a more efficient tumour vascular network by 'pruning' the tangled, poorly organized vasculature of a tumour. Thus, as an alternative strategy to modifying the tumour's habitat, low-dose antiangiogenic therapy might make delivery of other therapeutic agents more efficient. Furthermore, normalizing resource delivery across a tumour should reduce genetic diversity in the tumour and decrease the selective pressures that drive the evolution of cell migration and metastasis.^{98,99}

Climate change and hyperthermia

Climate change, rendering the ecosystem uninhabitable, is one of the major causes of species extinction. A biological parallel is hyperthermia, increasing the temperature of tissues, which has been explored in cancer therapy as it can potentially induce cell death with minimal damage to healthy tissue.^{100–102} Hyperthermia influences the blood flow, nutrient supply, acid–base balance, and cellular immune response. Cancer cells are often located in more-acidic environments and have greater sensitivity to hyperthermia than normal cells, but the molecular mechanisms of hyperthermia are not fully understood, and various targets in the cell are affected by rises in temperature, including lipid membranes, cytoskeletal proteins, DNA repair enzymes, and heat shock proteins (HSPs).¹⁰¹

Mild hyperthermia (up to 42°C) can enhance immunogenicity and the trafficking of immune effector cells into tumours. Tumour blood flow and oxygenation are also improved by hyperthermia, as is the effectiveness of radiotherapy.¹⁰⁰ Hyperthermia above 42°C induces cytotoxic effects by denaturing essential proteins and causing vasoconstriction, restricting nutrient influx and toxin efflux, and inducing acidosis. HSPs protect against the damage caused by raised temperatures, preventing apoptosis.¹⁰³ Inhibitors of HSPs, and of HSP90 in

particular, are in clinical development and have shown some early promise.¹⁰⁴ A combination of HSP inhibitors and hyperthermia is a potential therapeutic approach.

Hyperthermia has been most successful when applied locoregionally, and when given in combination with conventional cytotoxics and radiation.^{100,101,105,106} Hyperthermia and cytotoxic drugs have additive effects through the mechanisms of increased intracellular drug uptake and enhanced DNA damage.¹⁰⁶ However, at this stage, hyperthermia is only used in specific scenarios, and few clinical studies have demonstrated survival benefits. In 2011, out of 24 randomized trials, 18 reported a positive effect of hyperthermia in combination with radiation:¹⁰⁷ better response rates, and survival benefits, were obtained in studies in patients with breast cancer,¹⁰⁸ head and neck cancer,¹⁰⁹ and bladder cancer.¹¹⁰ A phase III clinical trial of soft-tissue sarcoma treated with neoadjuvant chemotherapy consisting of etoposide, ifosfamide, and doxorubicin (EIA), or with EIA combined with regional hyperthermia, found that EIA with hyperthermia achieved a 28.8% response rate, compared with 12.7% for EIA alone;¹¹¹ addition of hyperthermia also improved local progression-free survival and overall survival.¹¹¹ However, a study on superficial tumours reported a substantially improved response rate for patients treated with hyperthermia and radiation, compared with radiation alone, but observed no overall survival benefit.¹⁰⁸

Altering the temperature is just one of many possible ways to change the 'climate' of a neoplasm. Other methods, including changing the pH, deserve further exploration.¹¹²

Application of selective pressures

Paleontology can suggest which selective pressures to apply to a neoplasm. In addition, paleontology studies can also teach us how to apply these pressures (Box 3).

Continuous pressure by metronomic therapy

One of the lessons from species extinction is that selective pressures that lead to extinction last for many generations. In conventional anticancer drug administration schedules, a high dose of chemotherapy might last only one cell generation. Paleontological evidence suggests that 'metronomic chemotherapy' should be more effective, as it applies a continuous selective pressure over many neoplastic cell generations. Metronomic chemotherapy is applied chronically at relatively low, minimally toxic doses, with no prolonged drug-free breaks.¹¹³ Metronomic chemotherapy was originally intended to inhibit tumour growth primarily through antiangiogenic mechanisms.¹¹⁴ The largest clinical trials of metronomic chemotherapy have been conducted in breast cancer, and the approach was shown to be effective, with minimal toxicity.¹¹⁵ Clinical trials are currently investigating the effectiveness of this chemotherapeutic regimen in combination with new antiangiogenic drugs, but definitive evidence from phase III clinical trials is lacking, and biomarkers to predict which patients will benefit most from such an approach have been elusive.¹¹⁶

Box 3 | Therapies inspired by paleontology

Lessons from paleontology can provide a set of principles for driving neoplasms extinct.

Reduce the evolvability of the neoplastic cell population

Reduce the population size and mutation rate (genetic instability),^{8,157,158} and lengthen the generation time of neoplastic cells. Tumour cell populations (including detectable metastases) can be reduced through surgical debulking or by ablation modalities, nutrient restriction, and antiangiogenic therapy. Nutrient restriction and cytostatic therapies can prolong cell generation times. Historically, conventional treatments have been effective at reducing the population size, but have not been used to lengthen generation times, reduce mutation rates, or address intratumoural heterogeneity.

Disrupt or destroy the tumour habitat

Habitat disruption using antiangiogenic therapy and matrix metalloproteinase inhibitors has had mixed success. Understanding of the complexity of tumour–stroma interactions has now improved and could inform new therapeutic approaches.

Target neoplastic cells through multiple pathways

Multiple therapeutic modalities should target different, ideally conflicting, mechanisms of resistance, and can include chemotherapy, radiotherapy, immunotherapy, and potentially bacteriolytic therapy and oncolytic viral therapy (Figure 2). Combinations that select for mutually exclusive phenotypes (double-bind therapies) should be particularly effective.⁴⁶ For example, low-dose chemotherapy, typical of metronomic therapy, can preserve the capacity of the immune system and enable the simultaneous application of immunotherapies.

Target the phenotypes that enable neoplasms to escape eradication

Targeting cell-migration pathways can prevent cells from finding drug-free regions of the tissues. Inhibition of epigenetic and phenotypic plasticity can also prevent escape from therapy, and inhibition of immune tolerance can ‘release the brake’ on the antitumoural immune response.

Maintain selective pressures for many neoplastic cell generations

Anticancer treatments should be applied continuously in a form of multimodal, metronomic therapy, which will, ideally, drive the neoplastic cell population extinct, but could also result in an approach to managing cancer as a chronic disease and controlling clonal expansion.

Multiple pressures and double-bind therapy

The rationale for multidrug therapy is that a neoplastic cell is less likely to be resistant to multiple drugs (multiple pressures) than it is to a single pressure. However, multidrug resistance mechanisms, such as upregulated efflux pumps, confound this rationale. The lesson from paleontology is that multiple selective pressures are necessary to drive species extinct, and that those pressures should take different forms. A particularly effective form of multimodal therapy would be one in which resistance to one pressure leads to increased sensitivity to another pressure, a strategy called double-bind therapy.⁴⁶ In ecology, gerbils changed their foraging behaviour to avoid exposure to predation from above when exposed to an aerial predator (owls), but this made them more vulnerable to predation from vipers. The dual predation put conflicting demands on gerbils, as they could not remain safe from both predators simultaneously.¹¹⁷ Thus, adaptation to one pressure leads to a loss of fitness with respect to the opposing pressure.⁴⁶ In cancer therapy, this double-bind can lead to eradication of the tumour or long-term control of the cancer cell population. A double-bind might be achieved in cancer therapy through the process of synthetic lethality, in which two or more mutations or selective pressures that are nonlethal on their own combine to kill

the cell. The most well-established example of synthetic lethality is that of tumours with compromised ability to repair double-stranded breaks in DNA by homologous recombination, (for example, tumours with *BRCA* mutations), which are highly reliant on nonhomologous-end-joining, and are sensitive to blockade of the repair of single-stranded breaks in DNA via inhibition of the poly(ADP-ribose) polymerase enzymes.¹¹⁸ The search for synthetic-lethal interactions in cancer therapy is ongoing, with genomic studies in different tumour types.¹¹⁹

Mutational meltdown and Muller’s ratchet

Muller’s ratchet is a phrase first used to describe the accumulation of deleterious mutations in asexual organisms. Once these mutations reach a certain threshold, they reduce fitness and can lead to the extinction of the population.¹²⁰ Deleterious mutations in genes involved in genome stability, some of which can be advantageous for survival of a clonal population of cancer cells, can be selected for during cancer evolution, as they increase the overall mutation rate. However, above a certain threshold, the mutational burden can reduce viability and result in ‘mutational meltdown’ and extinction of that population. Evidence suggests that extreme genomic instability in tumours might have a positive effect on prognosis.^{121,122} Multiple pathways exist to maintain genome integrity, and a number of inhibitors of these pathways are in clinical development. Combination of these inhibitors with the DNA-damaging effects of radiotherapy or chemotherapy could induce sufficient damage to genome integrity to cause mutational meltdown. The key to this approach would be to limit the effect to cancer cells, so that potentially carcinogenic mutations are not accumulated in normal cells. Vertebrates have evolved a form of innate immunity that capitalizes on this process of mutational meltdown. Apolipoprotein B mRNA editing enzyme, catalytic polypeptide-like (APOBEC) enzymes activated in response to retroviral infection can generate a sufficient burden of mutations in the viral genome to induce mutational meltdown.¹²³ Unfortunately, inappropriate activation of APOBEC has been implicated in carcinogenesis, when this system targets the native human genome, rather than an invading viral pathogen, and results in hypermutation, which can promote carcinogenesis.¹²⁴

Prognosis based on paleontology

The characteristics that explain why some species are more resistant to extinction than others have parallels in neoplasms that could be useful for prognosis (Table 2). These characteristics are outlined in the following sections.

Large population size is akin to tumour size

Although measures of tumour size are commonly used in clinical management, they are typically crude estimates of volume based on the longest axes in radiological images. Better estimates of the evolvability of a neoplasm might be developed with automated, reproducible measures of the volume of viable cells (for example, by volumetric CT).¹²⁵

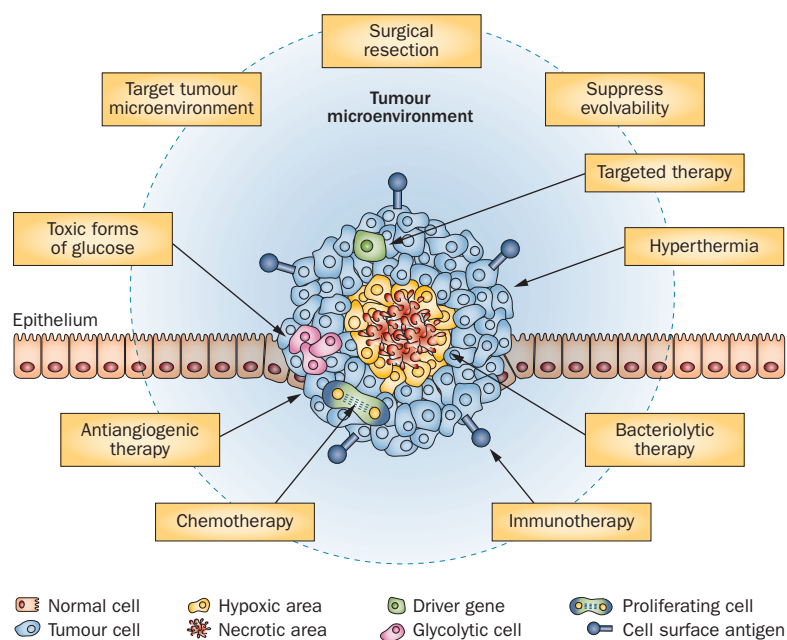


Figure 2 | Potential cancer therapies inspired by mechanisms of extinction. Lessons from paleontology have taught us that one selective pressure is not enough to successfully eradicate cancer, but rather that multiple selective pressures are necessary, targeting the tumour by different mechanisms. The multiple pressures could target the different microenvironments in a spatially heterogeneous tumour. Paleontology concepts also suggest that we should apply combinations of chemotherapy, adaptive therapy, antiangiogenic therapy, hyperthermia, bacteriolytic therapy and targeted therapy over long periods, without breaks, to maintain selective pressures on the neoplastic cells, as is done with metronomic therapies.

The relevant cell populations are those that can indefinitely self-renew: the ‘cancer stem cells’ (CSCs).^{126,127} Assays to measure the population size of such tumour-propagating cells might serve as biomarkers for tumoural resistance to therapy.

Genetic diversity

Tumour genetic diversity can be measured by single-cell analysis, multiregion tumour sequencing,⁷ or analysis of minor alleles in deep sequencing. Genetic diversity has already been shown to predict progression to malignancy,^{128–130} as well as overall survival.¹¹³

Just as the ability to generate polyploid variants facilitates rapid evolution and diversification in species, generation of polyploid and aneuploid neoplastic cells probably facilitates evolution and diversification in neoplasms. Detection of tetraploidy and/or aneuploidy in Barrett’s oesophagus is associated with a 10-fold increase in risk of progression to oesophageal adenocarcinoma.¹³¹ Nuclear pleiomorphism (diversity) is one of the three components of breast cancer grade,¹³² and probably correlates with large-scale genetic diversity resulting from cells with different karyotypes. We are only beginning to assay genetic diversity in neoplasms.

Body size is akin to cell size

In multicellular organisms, body size and population size are negatively correlated, and so large-bodied species seem to be vulnerable to extinction. This relationship has

not been tested in neoplastic cells. By contrast, we might predict that a large cytoplasm would provide resources to withstand environmental stresses. Neoplastic cells often have enlarged nuclei, often owing to aneuploidy. Nuclear and cytoplasmic size should both be measured, to determine any association with resistance to therapies that restrict resources, and correlation with patient outcomes.

Generation time is akin to proliferation rate

A short generation time confers an extinction survival benefit on a species. Although generation times are difficult to measure *in vivo*, they can be approximated by measures of proliferation rates based on cell-cycle markers, such as Ki-67. Proliferation rates should be closely associated with growth capacity of tumours in the recovery after cytotoxic therapies. Functional imaging with PET tracers, such as 3′-deoxy-3′-¹⁸F-fluorothymidine, and others in development, could measure proliferation through longitudinal radiological examinations.¹³³ Measuring the number and activity of CSCs might give better prognostic accuracy than measuring all neoplastic cells.

Life-history strategy

Measures of tumour growth rates and the proportions of cells in cell-cycle progression would provide information on the life-history strategies of the cells in a tumour.²⁵ The degree of cells’ investments in DNA replication, and the suppression of cell-cycle checkpoints, should correlate with fast life-history and poor prognosis. However, not all characteristics of a slow life-history make a neoplasm prone to extinction.²⁵ In fact, mechanisms of somatic maintenance typical of slow life-history strategies, such as DNA repair, detoxification, and efflux pumps, should all protect a neoplasm against chemotherapy.

Dispersal relates to cancer stage

Widespread tumours with distant metastases are generally incurable.¹³⁴ Metastatic cancers inhabit a diversity of microenvironments in the human body, have a large total population size, probably have greater genetic diversity than localized neoplasms, and are, therefore, more resistant to environmental changes. Cancer stage is an important prognostic factor, but more accurate measures of tumour dispersal using new assays for circulating tumour cells and cell-free DNA might give better predictive ability.¹³⁵

Motility

Mechanisms of cell motility include epithelial-to-mesenchymal transition, which is measured by expression of vimentin, smooth-muscle actin, Twist-related protein 1, N-cadherin, cadherin-11, AKT2 (PKBβ), and PI3K-α.¹³⁶ In addition, amoeboid cell movement can be measured according to expression of transforming protein RhoA, RAC1, RAC2, CDC42, actin-related proteins 2 and 3, and aquaporin-5.¹³⁷ These markers could be assayed by flow cytometry or immunohistochemistry. As lineage tracing and phylogenetic reconstruction of cell lineages become feasible,^{138,139} it should also be possible to detect the mixing of clones resulting from cell migration.

Generalism

A generalist neoplastic cell is one that can flourish in a variety of microenvironments and grow on a variety of different substrates. This ability could already be present at the time of transformation. Any neoplastic lineages that have successfully metastasized more than once were probably able to do so by virtue of being generalists, and so will be particularly resilient to environmental changes resulting from therapeutic interventions. Testing for such phenotypic plasticity is not part of current clinical practice, nor is it common in cancer research. Assessing the importance of this feature would probably require functional assays of tumoural response to different substrates and exposures.

Conclusions

A survey of the literature relating to extinction biology suggests some novel approaches that could be used for both cancer therapy (Box 3) and prognosis. Combinations of biotic and abiotic factors typically stress and then destroy species in a press-pulse dynamic, which could also be a useful therapeutic paradigm. Cancer therapy can be approached in two ways, by directly killing neoplastic cells or by targeting their habitat, either to destroy it or to modify it, in order to reduce the tumour cells' survival ability. Many underexplored aspects of the tumour microenvironment might be targeted to stress the neoplasm, including temperature and pH. In particular, little is known about limiting the resources of tumours, which could be an important Achilles' heel for a neoplasm. At the same time as a neoplasm's habitat is targeted, its evolvability should also be targeted, by lengthening cancer (stem) cell generation times and reducing the population size and mutation rate of neoplastic cells. The resilience of neoplasms to perturbations should be targeted by inhibiting migration of cells and their ability to survive using alternative resources (generalism). Furthermore, multiple, dramatically different selective pressures should be applied to the tumour and its microenvironment (Figure 2), and maintained for long periods of time, so that neoplastic cells are unlikely to be able to survive by becoming temporarily dormant or through a single resistance mutation. These approaches should be tested in pre-clinical experiments on realistically diverse populations of neoplastic cells, and in clinical trials.

Extinction biology also suggests general measures of prognosis that should apply across many types of cancer. Some measurements are already standard practice, such as tumour stage and tumour size, and others could be derived from data that is already collected, including

microenvironmental diversity from radiological assays,¹⁴⁰ and cell size from histopathological slides or flow cytometry. Expression of markers of cell migration could be assayed from formalin-fixed, paraffin-embedded tissues. Interrogation of other characteristics, including generalism and genetic diversity,^{128–130} will require the development of new assays. If these characteristics indicate that a tumour is likely to be resistant to extinction, it could be possible to prolong the life of the patient by attempting to control the tumour through a strategy such as adaptive therapy, rather than treating with intent to cure.¹⁴¹ Alternatively, if a neoplasm seems to be vulnerable to extinction, a paleontologically inspired, multimodal, metronomic approach could be used, with curative intent.

These hypotheses will not all necessarily prove to be correct. However, the difficulty of driving tumours to extinction suggests that we should look to what is known about how large, diverse populations become extinct, and attempt to translate those principles to anticancer therapy.

Review criteria

We performed a variety of database searches for original articles in MEDLINE and PubMed. Articles (1980–2014) focusing on species extinction were identified with the search terms “biology of species extinction”, “mass extinction”, “background extinction”, “causes of species/mass/background extinction”, “extinction risk”, “resistance to extinction”, “asexual species”, and “6th mass extinction”, alone and in combination. Search terms “clonal evolution in cancer”, “tumour heterogeneity”, “genomic instability”, and “somatic evolution”, alone and in combination, identified articles (2005–2014) for the introduction. Search terms “chemotherapy”, “radiation therapy”, “treatment”, “Norton–Simon hypothesis”, “Gompertzian growth pattern”, “bacteriolytic therapy”, “immunotherapy”, “oncolytic virus therapy”, “clinical trials”, and “pest management and cancer”, alone and in combination, identified articles (2000–2014) relating to direct anticancer therapies. Search terms “tumour microenvironment”, “ecological therapy”, “ecosystem”, “tumour stroma”, “antiangiogenic therapy”, “hypoxia”, “hyperthermia”, “clinical trials”, “Warburg effect”, and “nutrient restriction”, alone and in combination, identified articles (2000–2014) relating to microenvironmental targeting. Search terms “metronomic cancer therapy”, “evolutionary double bind”, and “Muller's ratchet”, alone and in combination, identified articles (2005–2014) relating to selective pressure. All articles identified were English-language, full-text papers. We also searched the reference lists of identified articles for further relevant papers.

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Author contributions

V.W. researched the data for the article. All authors contributed substantially to discussion of content. V.W., C.T.H., P.E.T. and C.C.M. wrote the article. All authors reviewed and edited the manuscript before submission.